

### **Addiction Counsellors**

Addictions Counsellors help individuals, families and communities identify and deal with addictions through treatment and prevention programs.

#### **What do Addictions Counsellors do on the job?**

- Work with clients that have eating disorders or are addicted to alcohol, drugs, gambling, sex or tobacco
- Assess client strengths, problem areas, severity of dependence and readiness to change
- Develop client treatment plans that are based on research, clinical experience and history
- Provide information about addiction issues and about available services and programs and make appropriate referrals where necessary
- Conduct information sessions and therapy groups as required
- Counsel affected individuals and family members through all stages of recovery using appropriate intervention strategies and treatment approaches
- Review, evaluate and document client progress
- Develop public education, prevention and health promotion programs

#### **Where do Addictions Counsellors work?**

- Detox centres
- Hospitals
- Schools or community based agencies
- National Native Alcohol and Drug Abuse Program
- Metis Addictions Council of Saskatchewan

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